

### Medical School Duty hours

The following is the duty hours policy for third and fourth year medical students:

1. Students will have a limit of 80 duty hours per week, with in-hospital hours during call from home counted.
  
2. The following are minimum days off while on rotations, with the distribution of the scheduled days off at the discretion of the clerkship director:
  - 4 days off on a 4 week rotation
  - 8 days off on a 8 week rotation
  - a day off is one full (24-hour) day
  - a day absent counts as a day off
  
3. Call will be scheduled no more frequently than every third night.
  
4. There is a limit of 24-hours of continuous duty (with 4 extra hours of transition for patient care if necessary) .
  
5. There must be a 10-hour minimum rest between duty periods (this does not apply to night or weekend call).
  
6. Students will be educated about fatigue and fatigue management. Please be familiar with Dr. Peel's handout on (resident) medical student sleep and fatigue which can be found on Blackboard.
  
7. Students should report duty hour violations to the clerkship director first. Students may report duty hour violations to the 24/7/365 hour UTHSCSA hotline: 1-800-500-0333. (Students will not be required to identify themselves; all calls are treated confidentially.)
  
8. Clerkship directors and departmental fourth year rotation directors are responsible for the enforcement of this policy.